

# proEVLifeCycle NEWSLETTER

-winter edition-

## THE COVID-19 PANDEMIC DID NOT STOP US FROM HANGING OUT TOGETHER

The activities of the proEVLifeCycle consortium were affected by the COVID-19 pandemic since the very beginning. Our **official kick-off meeting**, planned to be held in Rotterdam, had to be reorganised last minute and we have instead gathered online. Despite the online format, almost all the activities that were initially planned were carried out, and it was an immense pleasure to get to know each other for the first time. Sadly, we did not have the chance to attend certain training sessions, which were postponed to the next meeting, with exception of Dissemination Training that aimed to support the deliverables we were preparing. In the following weeks, we were able to finalize our efforts and submit the Communication and Dissemination Plan together as our first deliverable.

The **second consortium meeting** was also held online this fall. The program consisted of ESR project presentations which strengthened our collaborative spirit, along with training sessions that we missed in March. Our communication skills were polished by UbiK and secrets of data management were revealed by ELIXIR. We also welcomed the presence of the European Commission Officer overseeing our project, whom we would like to thank cordially for her insights. The ice-breaker activities we participated in throughout this meeting were a great addition that helped the ESRs bond as a group. Finally, we would like to acknowledge the exceptional efforts of the Coordination Team, who went out of their way to make this meeting a fun and valuable experience for all of us.

Even though we did not have the chance to meet in person during the first year of the project, that did not stop us from making this awesome group photo and featuring it in the newsletter. We are now looking forward to meeting face-to-face in 2021.

## JOURNAL CLUB

Since our first meeting this spring, we have initiated our own Journal Club. We meet every other month to discuss latest articles from the extracellular vesicle research field.



## ESR TRAINING

We have participated in frequent training sessions organised by our Coordination Team and WP1 Leader. Dr. Wytse van Weerden equipped us with the knowledge needed to select the best cancer models to address our research questions. Other highlights included discussions with Dr. Arno van Leenders on prostate cancer pathology, and with André Deschamps from Europa Uomo, who shared with us the very important side of prostate cancer from the patient perspective. The last seminar of 2020, led by Dr. Aled Clayton and Dr. Felix Royo, deepened our knowledge about the challenges and complexity of extracellular vesicle isolation.

**Big thanks to all our speakers for the interesting seminars!**

**We look forward to many more in 2021.**



The proEVLiFeCycle Consortium would like to wish you all  
**a healthy and happy Christmas Season!**

We know that 2020 has been quite the year, we have worked from home, became baking experts and learned to live with social distancing... but most importantly, we learned to enjoy quality time with our beloved ones and appreciate the simplest things in life.

With that, may the New Year 2021 fill our hearts with bright, hopeful days, as we turn our dreams into reality and our efforts into great achievements.

**Happy 2021 Everyone!**

Frohe Weihnachten

کریسمس مبارک

Wesołych Świąt

Buon Natale

Joyeux Noël

Bon Nadal

Hyvää joulua

Eguberrion

Sretan Božić

Feliz Navidad

Christmas Mubarak

vrolijk kersfeest

Feliz Natal

Veseli božič in srečno novo leto

**MERRY**christmas